

# LUNCH MENU



# Shipwrecks

Llongddrylliadau

Monday - Wednesday 12-3pm

Thursday - Saturday 12-5pm

## FOOD ALLERGIES & INTOLERANCES

Before ordering drink or food please speak to a member of our staff about your requirements.

Whilst we take care to preserve the integrity of our vegetarian products, we must advise that these products are handled in a multi-ingredient kitchen environment. Some fish may contain small bones.

## LIGHT BITES

<b>CHEF'S SOUP OF THE DAY</b> served with warm rustic bread (v)	4.95
<b>WELSH RAREBIT AND BUTTON MUSHROOM GRATIN</b> served with warm rustic bread (v)	5.95
<b>SALT AND PEPPER CHICKEN WINGS</b> and sriracha mayonnaise	6.95
<b>CRISPY WHITE BAIT</b> served with tartare sauce and salad	5.95

## SANDWICHES

All our fillings are served on white or granary bloomer or baguette with homemade coleslaw house salad and skinny fries

### COLD SANDWICHES

<b>WELSH CHEDDAR AND HOMEMADE CHUTNEY</b>	6.50
<b>CHEFS HONEY ROASTED HAM AND WHOLEGRAIN MUSTARD</b>	7.00
<b>HUMMUS, FETA AND ROASTED PEPPER</b> (vegan option available)	6.50
<b>SMOKED SALMON, DILL CREAM CHEESE AND PICKLED CUCUMBER</b>	7.00

### HOT SANDWICHES

<b>THE GARDDFON BLT, CHICKEN, CRISPY BACON LETTUCE AND TOMATO</b>	7.50
<b>STEAK, WELSH CHEDDAR AND RED ONION MARMALADE</b>	9.50
<b>CRISPY COD GOUJONS, LETTUCE AND TOMATO CHUTNEY</b>	7.00

## SALADS

<b>STEAK SALAD</b> strips of sirloin steak, pickled walnuts and crumbled welsh blue cheese and mixed leaves	11.95
<b>FETA SALAD</b> crumbled feta, sundried tomatoes, chickpeas and mixed leaves	8.95
<b>THAI KING PRAWN</b> king prawns cooked in chefs Thai green paste, pak choi and chili served on a bed of mixed leaves	11.95

## MAINS

<b>BEER BATTERED COD</b> served with chips, crushed peas and tartare sauce	12.95
<b>LARGE BOWL OF FRESH MUSSELS</b> cooked in a rich welsh ale and cream sauce served with chips and baked sourdough roll	12.95
<b>CLASSIC SCAMPI</b> served with chips, garden peas and tartare sauce	11.95
<b>FULL RACK OF PORK RIBS IN CHEF'S STICKY BARBEQUE SAUCE</b> served with chips, salad and homemade coleslaw	12.95
<b>THE GARDDFON BURGER</b> 6oz beef burger topped with welsh cheddar, bacon and three beer battered onion rings served in a toasted brioche roll with chips, salad and homemade coleslaw	12.95
<b>ROASTED VEGETABLES IN A SPICY ARRABIATA SAUCE</b>	11.95
on a bed of penne pasta served with garlic ciabatta (v) (ve)	
<b>GLAMORGAN SAUSAGES</b> a traditional welsh vegetarian sausage served on a bed of ratatouille and topped with rocket and herb dressing	11.95

## SIDES

<b>CHIPS</b> add cheese for 0.50	3.50
<b>SIDE SALAD</b>	3.50
<b>GARLIC CIABATTA</b> add cheese for 0.50	3.50
<b>HOMEMADE BEER BATTERED ONION RINGS</b>	3.50

## KIDS MENU

All served with a choice of chips or salad and peas or beans

<b>CRISPY CHICKEN GOUJONS</b>	5.95
<b>CRISPY COD GOUJONS</b>	5.95
<b>SAUSAGES</b>	5.95
<b>VEGETABLE BURGER (v)</b>	5.95

## KIDS DESSERTS

<b>KIDS ICE CREAM</b>	2.50
-----------------------	------

## DESSERTS

<b>SELECTION OF ICE CREAM TOPPED WITH FRUIT COMPOTE AND WAFERS</b> strawberry, vanilla and chocolate	4.95
<b>CHOCOLATE FUDGE CAKE</b> served with vanilla ice cream (gf)	5.95
<b>CLASSIC STICKY TOFFEE PUDDING</b> with vanilla ice cream	5.95
<b>MIXED BERRY ETON MESS</b>	5.95





# BWYDLEN CINIO



# Shipwrecks

## Llongddrylliadau

Dydd Llun - Dydd Mercher 12-3pm  
Dydd Iau - Dydd Sadwrn 12-5pm

### ALLERGIESAU BWYD A BWRIADAU

Cyn archebu diod neu fwyd, siaradwch ag aelod o'n staff am eich gofynion.

Er ein bod yn cymryd gofal i warchod cyfanrwydd ein cynhyrchion ysiuol, mae'n rhaid i ni gynghori bod y cynhyrchion hyn yn cael eu trin mewn amgylchedd cegin aml-gynhwysyn. Gall rhai pysgod gynnwys esgyrn bach.

## BWYDYDD YSGAFN

<b>CAWL Y DYDD</b> gyda bara cynnes (v)	4.95
<b>RAREBIT CYMRAEG GYDA GRATIN MADRACH BOTWM</b> a bara cynnes (v)	5.95
<b>ADENYDD CYW IÂR HALEN A PHUPUR</b> gyda mayonaise sriracha	6.95
<b>ABWYD GWYN CREISIONLLYD</b> gyda salad a saws tartar	5.95

## BRECHDANAU

Mae ein holl lenwadau yn cael eu gweini ar blooner gwyn neu granary neu baguette gyda colslaw cartref, salad a sglodion tenau

### BRECHDANAU OER

<b>CAWS CYMREIG A SIYTNI CARTREF</b>	6.50
<b>HAM WEDI EI ROSTIO MEWN MEL A MWSTARD GRAWN CYFLAWN</b>	7.00
<b>HUMMUS, FETA A PHUPUR COCH WEDI'I ROSTIO</b> (optynau fegan ar gael)	6.50
<b>EUOG WEDI'I FYGU GYDA CAWS HYFEN DILL A CIWCYMBR WEDI'I BICLO</b>	7.00

### HOT SANDWICHES

<b>B.L.T. Y GARDDFON CYW IÂR, CIG MOCH CREISIONLLYD, LETYS A THOMATO</b>	7.50
<b>STÊC, CAWS CYMREIG A MARMALADE NIONYN COCH</b>	9.50
<b>GOUJONS PENFRAS CREISIONLLYD, LETYS A SIYTNI TOMATO</b>	7.00

## SALAD

<b>SALAD STÊC</b> stribedi o stêc sirloin a Chnau Ffrengig wedi'u piclo a chaws glas Cymreig wedi'i friwsioni ar welu o ddail cymys	11.95
<b>FETA SALAD</b> briwsion feta, tomato a gwygbys ar wely o ddail cymysg	8.95
<b>CORGIMYCHIAID BRENIN GWLAD THAI</b> corgimychiaid wedi'u coginio mewn past gwyrdd Thai, pak Choi a tsili wedi'i weini ar wely o salad	11.95

## PRIF BRYDAU

<b>PENFRAS WEDI EI FRIO</b> gyda sglodion, pys a saws tartar	12.95
<b>POWLEN FAWR O GREGYN GLEISION FFRES</b> wedi ei goginio mewn saws cwrw a hufen Cymreig, sglodion a rholyn surdoes wedi'i bobi	12.95
<b>SCAMPI CLASUROL</b> gyda phys gardd sglodion a saws tratar	11.95
<b>RAC LLAWN O ASENNAU PORC MEWN SAWS BARBACIW GLUDIOG</b> gyda sglodion, salad a coleslaw cartref	12.95
<b>BYRGYR Y GARDDFON</b> byrgyr cig eidion 6 oz gyda caws cymraeg a cig mochyn ar ei ben, modrwy nionyn i gyd mewn rholyn brioche wedi'i dostio, sglodion, salad a coleslaw cartref	12.95
<b>LLYSIAU WEDI'U RHOSTIO MEWN SAWS ARRABIATA SBEISLYD</b> ar welu o bastsa penne a ciabatta garlleg (v) (ve)	11.95
<b>SELSIG GLAMORGAN</b> Selsig Llysieuol Cymreig traddodidol ar wely o rattatouille a saws roced a pherlyisiau	11.95

## AR YR OCHOR

<b>SGLODION</b> ychwanegwch caws am 0.50	3.50
<b>SALAD OCHOR</b>	3.50
<b>CIABATTA GARLLEG</b> ychwanegwch caws am 0.50	3.50
<b>MODRWYAU NIONYN CARTREF</b>	3.50

## BWYDLEN PLANT

Pob un wedi'i weini â dewis o sglodion neu salad, pys neu ffa

<b>GOUJONS CYW IÂR CREISIONLLYD</b>	5.95
<b>GOUJONS PENFRAS CREISIONLLYD</b>	5.95
<b>SELSIG</b>	5.95
<b>BYRGYR LLYSIAU (v)</b>	5.95

## PWDIN PLANT

<b>HUFEN IA</b>	2.50
-----------------	------

## I BWDIN

<b>DETHOLIAD O HUFEN IÂ GYDA CHOMPOT FFRWYTHAU A WAFFERI</b> mefus, fanila a siocled	4.95
<b>CACEN CYFFUG SIOCLED</b> gyda hufen iâ fanila {gf}	5.95
<b>PWDIN TAFFI GLUDIOG CLASUROL</b> gyda hufen iâ fanila	5.95
<b>PWDIN ETON AERON CYMYSG</b>	5.95