



MENU

BREAKFAST - SERVED ALL DAY

Full English	£8.50
bacon, mushroom, grilled tomato, fried egg, black pudding, fried bread, baked beans and Dowding's sausage ring	
Vegetarian	£7.50
vegetarian sausage, mushroom, grilled tomato, fried egg, fried bread & baked beans	
Eggs Benedict	£6.50
toasted English muffin topped with Dowding's ham, local poached free-range egg and hollandaise	
Muffin	£3.95
sausage ring or bacon & fried egg in a toasted muffin	
Breakfast Roll	£3.95
bacon, sausage ring or eggs	
Mega Breakfast Roll	£5.50
bacon, sausage ring & egg	

TEA ROOM SNACKS

Toasted Fruit Teacake served Buttered	£2.50
Toasted Crumpets served Buttered	£2.50
Soup of the Day with Crusty Bread	£3.95
Welsh Rarebit	£4.95
Welsh Rarebit with Bacon	£5.50

TOASTIES

On white or brown bread

Appleby Flakebridge Cheese & Tomato	£3.95
Ham & Cheese & Branston Pickle	£4.95
Tuna Mayo with Mozzarella Cheese	£5.50

SANDWICH & CHIPS

All served on white or brown bread or a rustic roll

Cajun Chicken	£6.25
with mixed peppers & sweet chilli sauce	
Charred Halloumi	£6.25
with roasted red pepper & sweet chilli sauce	
Dowdings Ham & Branston Pickle	£6.25
Roast Beef & Caramelised Red Onion	£6.25
Prawn & Marie Rose Sauce	£6.50
Posh Fish Finger & Tartar Sauce	£6.25

TEA ROOM MAIN MEALS

Homemade Salmon & Crab Fishcakes	£8.95
served with chips & peas	
Steak & Ale Pie	£10.95
served with chips & vegetables	
Beer Battered Fish & Chips	£10.95
served with mushy peas	
Cajun Chicken Breast	£8.95
served with sweet chilli sauce, chips & salad	
Homemade Lasagne	£10.95
with garlic bread	
Dowding's Cumberland Sausage Ring	£8.95
topped with a fried egg, chips & peas	
Cushion Hotpot	£8.95
topped with sautéed sliced potato served with crusty bread	

KIDS

4oz Gammon Chips & Peas	£4.95
Mini Hotpot with Crusty Bread & Veg	£4.95
Cheese Burger, Chips & Salad	£5.95
Chicken Nuggets Chips & Beans	£3.95
Dowding's Sausage Ring, Chips & Beans	£3.95
Mac & Cheese with Grilled Bacon	£3.95
Linda McCartney Vegetarian Sausage, Chips & Beans (V)	£3.95

SUNDAY LUNCH

Dowding's Roast Beef	Adult £9.50
served with Yorkshire pudding, roast & mashed potatoes, vegetables & gravy	
	Child £6.50

SUNDAY EVENING

Fish & Chips Night	
Beer battered fish, chips, mushy peas and either a pickled egg or pickled onion	
	Eat in £6.95
	Take-home £5.95
	Adult £8.95
	Child £5.00

Crown & Cushion

2 Boroughgate, Appleby-In-Westmorland, Cumbria, CA16 6XB

T. 01768 351595



DESSERTS

SCONES, CAKES & PUDDINGS

Homemade Fruit or Plain Scone	
served with clotted cream & Mrs Tyson's homemade jam	£2.95
Today's Tray Bake	£2.45
Today's Cake Stand	£2.95
Sticky Toffee Pudding, Caramel Sauce & Ice-Cream	£4.95
Lemon Meringue Pie with Cream	£4.95

APPLEBY TEA ROOM WAFFLES

Chocolate Delight	£4.95
Mixed Berry	£4.95
Sticky Toffee Pudding	£4.95

DRINKS

TEA

Appleby Tea Room House Teas	
Twinning's Breakfast Tea	£2.50
Novous English Breakfast Pyramid	£2.80
Novous Loose Leaf Premium Tea	£2.80
Sapphire earl grey - Black	
Dragon well green - Green	
Egyptian mint - Herbal	
Persian pomegranate - Herbal	
Pear & ginger - White	

RIJO42 COFFEE

Americano	£2.40
White Americano	£2.50
Latte	£2.65
Cappuccino	£2.65
Espresso	£2.00
Double Espresso	£2.60
Gingerbread Latte	£2.85

All the above available using decaf coffee beans

OTHER HOT DRINKS

Hot Chocolate	£2.65
Hot Chocolate with Marshmallows & Cream	£2.80
Hot Chocolate with Baileys & Cream	£3.95

WINE

Red	Merlot	175ml	£4.45
	Shiraz	175ml	£4.65
White	Sauvignon Blanc	175ml	£4.45
	Pinot Grigio	175ml	£4.65
Rose	White Zinfandel	175ml	£4.65

CRAFT BEERS

Hop House 13	330ml	5.0% ABV	£3.90
Bier Moretti	330ml	4.6% ABV	£3.60
Unicorn Premium	500ml	4.2% ABV	£4.25
Trooper	500ml	4.7% ABV	£4.25

OTHER ALCOHOLIC DRINKS

Old Mout			
Passionfruit & Apple		4.0% ABV	£4.25
Kiwi & Lime		4.0% ABV	£4.25
Becks Blue	330ml	0.05% ABV	£2.50
Peroni		5.1% ABV	£3.60
Gluten Free Peroni		5.1% ABV	£3.80
Corona		4.6% ABV	£3.60
XBudweiser		5.0% ABV	£3.30

SOFT DRINKS

J20		
Apple & Raspberry		£2.40
Orange & passionfruit		£2.40
Appletiser		£2.40
Fentimans Ginger Beer		£2.60
Dandelion & Burdock		£2.60
Victorian Lemonade		£2.60
Sparkling Wild Elderflower		£2.60
Pepsi	330ml	£2.40
Pepsi Max	330ml	£2.40
Lemonade	330ml	£2.40

PLEASE ORDER FOOD AT THE BAR.

FOOD ALLERGIES AND INTOLERANCES

Before ordering drinks or food, please speak with a member of our staff about your requirements. Whilst we take care to preserve the integrity of our vegetarian (v) products, we must advise that these products are handled in a multi-ingredient kitchen environment. Some fish may contain small bones. All dishes are prepared in areas where allergens are present. Therefore, there is a risk that ingredients used in your meal may have accidentally come into contact with an undeclared allergen, leading to cross contamination. Cooking equipment (e.g. fryers, grills etc.) and food preparation areas may be shared and fried items containing different allergens may be cooked in the same frying oil. Please ask a team member if you would like further information.