

Gluten Free Menu

SNACKS

Salt and Chilli Pepper Bites (GF)

Crispy pieces coated in salt and pepper seasoning, served with spring onions, peppers and chillis, drizzled with sweet chilli sauce.

Choose from:

Cauliflower (VG) £7.95 : Chicken £8.95: Prawn £8.95

Buffalo and Blue Cheese Bites £8.95 (GF)

Crispy pieces coated in hot buffalo sauce, blue cheese pieces & spring onion. Drizzled with blue cheese sauce.

Choose from:

Cauliflower (VG) £7.95 : Chicken £8.95 : Prawn £8.95

10" PIZZAS

Margherita (GF) (V) £11.95

Nice & simple - tomato base, Fior di Latte Mozzarella, basil. Add Salami £3

Goats Cheese (GF) (V) £15.95

Tomato base, Fior di Latte mozzarella, Goats Cheese, red onion & rocket. Drizzled with honey.

Parma Ham (GF) £14.95

Tomato base, Fior di Latte mozzarella, parma ham. Garnished with rocket, balsamic glaze & parmesan.

Spicy Salami (GF) £15.95

Tomato base, Fior di Latte mozzarella, salami, red onion, chillies. Drizzled with spicy mayo & mayo.

SALADS & OAKIE BOWLS

Chicken and Bacon Caesar Salad (GF) £14.95

Romaine lettuce lightly dressed in Caesar dressing and parmesan. Topped with chicken strips and crispy bacon.

Steak and Blue Cheese Salad (GF) £15.95

Rocket and mixed leaves lightly dressed in a mild mustard maple dressing, seasoned rump steak, crumbled blue cheese, cherry tomatoes, avocado, red onion, and cashew nuts. Finished with a drizzle of chipotle mayo.

Halloumi Salad (V) (GF) £14.95

Mixed leaves lightly dressed in a mild mustard maple dressing, avocado, cherry tomatoes, cucumber, peppers, pomegranate seeds, and grilled halloumi slices. Served with a side of mint yogurt.

Tandoori Chicken Salad (GF) £14.95

Mixed leaves dressed in mint yoghurt, grilled Tandoori chicken strips, avocado, cucumber, and cherry tomatoes. Served with a side of mango chutney.

Grilled Goats' Cheese & Beetroot Salad (V) (GF) £14.95

Mixed leaves lightly dressed in a mild mustard maple dressing, grilled goats' cheese, beetroot, cucumber, cherry tomatoes, red onion, cashew nuts, pomegranate seeds.

Satay Bowl (GF)

Mixed leaves, sushi rice, pickled carrot, house slaw, cucumber, avocado, spring onions, fresh chillis, sesame seeds, drizzled with satay sauce and sweet chilli sauce.

Choose from:

Grilled Chicken £15.95 : Halloumi (V) £15.95 : Crispy Prawn £15.95 : Cauliflower £14.95

Teriyaki Bowl (GF)

Mixed leaves, sushi rice, pickled carrot, house slaw, cucumber, avocado, spring onions, fresh chillis, sesame seeds, drizzled with teriyaki sauce and mayo.

Choose from:

Grilled Chicken £15.95 : Crispy Prawn £15.95 : Beef £16.95: Oyster Mushrooms (VG) £14.95

Salt & Pepper Bowl (GF)

Mixed leaves, sushi rice, house slaw, cucumber, avocado, peppers, spring onion & fresh chillies drizzled with sweet chilli sauce & mayo.

Choose from:

Grilled Chicken £15.95 : Halloumi £15.95 : Crispy Prawn £15.95: Cauliflower (VG) £14.95

The Oakwood

Gluten Free Menu

FRIES

Vietnamese Fries (GF) £9.95

Vietnamese seasoning, spicy mayo, teriyaki sauce, cashew nuts, coriander, spring onions, fresh chillies, red cabbage.

Add Grilled Chicken £4.00 : Steak Strips £7 : Crispy Cauliflower (VG) £3

Extra Special Cheesy Chips (V) (GF) £8.95

Melted mozzarella, house cheese sauce, chives & garlic mayo

Add Steak Strips £7 : Grilled Chicken £4

Salt & Pepper Fries (GF) £8.95

Salt & pepper seasoning, fresh chillies, spring onions, diced peppers, sweet chilli sauce.

Add Crispy King Prawns £5.00 : Grilled Chicken £4 : Crispy Cauliflower (VG) £3

Hot Buffalo and Blue Cheese Fries (GF) £9.95

Blue cheese, hot buffalo sauce, blue cheese dressing, peppers, spring onions and parsley.

Add Grilled Chicken £4.00 : Cauliflower (V) £3

Small fries (GF) £2.25

Medium fries (GF) £3.95

Medium parmesan fries (GF) £4.45

TACOS

Vietnamese (GF) £11.95 (x2) £15.95 (x3)

Spicy mayo, teriyaki sauce, cashew nuts, coriander, spring onions, fresh chillies, red cabbage, iceberg lettuce.

Choose from:

Grilled Chicken : Crispy King Prawn : Crispy Cauliflower (VG)

Tandoori Chicken (GF) £11.95 (x2) £15.95 (x3)

Grilled marinated chicken, mixed leaves, red cabbage, red onion, mango chutney, peppers, coriander & mint yogurt.

Surf & Turf (GF) £12.95 (x2) £16.95 (x3)

Pan fried king prawns, seasoned beef strips, mixed leaves, iceberg lettuce, mayo, parmesan, and parsley.

Buffalo (GF) £11.95 (x2) £15.95 (x3)

Grilled chicken, iceberg lettuce, mixed leaves, crumbled blue cheese, peppers, buffalo mayo, blue cheese sauce, spring onions, and parsley.

Crispy Hot & Sweet £11.95 (x2) £15.95 (x3)

Lettuce, spicy mayo, hot honey, avocado, sesame seeds, coriander, chillies

Choose from:

Chicken : Cauliflower (VG) : Prawn

BURGERS

All served on a toasted GF bun
To add fries, please order from the fries list

Classic Burger (GF) £10.95

6oz beef patty, lettuce, red onion and tomato.

Add cheese £1

Add bacon £2

Chipotle Bacon Cheeseburger (GF) £13.95

6oz beef patty, melted cheddar, crispy bacon, lettuce, red onion, tomato and chipotle sauce.

Big Oak (GF) £13.95

6oz beef Patty, melted cheddar, house burger sauce, lettuce, diced white onions and gherkins.

Grilled Chicken & Halloumi Burger (GF) £13.95

Grilled chicken breast, halloumi, lettuce, red onion, mayo and sweet chilli sauce.

Salt & Pepper Chicken Burger (GF) £12.95

Crispy salt & pepper seasoned chicken breast, mixed peppers, spring onion and lettuce and sweet chilli sauce.

Crispy Fried Chicken Burger (GF) £11.95

Crispy fried chicken breast, lettuce, tomato and red onion.

Choose from:

Original (No Sauce)

Chipotle Mayo +70p

Garlic Mayo +70p

The Oakwood

